



## **Rules and Regulations for the Gallery Bouldering Birthday Competition**

### **Saturday 9th May 2026**

#### **Competition Categories:**

All competitors will be organised into one of 6 groups depending on their age and gender: Juniors Male (14-17), Juniors Female (14-17), Male Open (18+), Female Open (18+), Masters Male (40+), Masters Female (40+).

#### **Eligibility:**

All participants must be registered users of Gallery Bouldering and have signed all required waivers.

#### Junior Climbers

Juniors under 14 years old may NOT compete in any circumstances but are welcome to attempt the competition blocs. Supervised juniors who are over 14 years old may compete as long as their supervisors have passed our required assessment prior to Saturday 9th May 2026. Unsupervised juniors are allowed to compete without supervision.

#### Junior Squad Climbers

Juniors ages 14-17 years visiting Gallery Bouldering to compete as part of a climbing centre squad may compete under the supervision of a qualified instructor with their own PLI (public liability insurance) at a ratio of 10:1. Alternatively, squad coaches can contact us at [marketing@gallerybouldering.co.uk](mailto:marketing@gallerybouldering.co.uk) to book Junior Supervisor Assessments for members of their squad on Saturday 9th May 2026 – please note that a parent must be present during these assessments. Please refer to the [Information for squads](#) document for more information.

#### Entrance on the Day

Competitors who benefit from Gallery Bouldering Friends and Family free entry, reciprocal free entry from other climbing gyms, or receive free entry for national youth training programmes must pay for entry on Saturday 9th May 2026 to be eligible for prizes. Customers who gain entry via a free guest pass are not eligible to win prizes. All climbers must hold a recurring membership, 8-month student pass, 30 day pass, 10 entries pass, or day pass to be in contention.



## **Climbing Rules:**

### Starting Climbs

All blocs are tagged with 4 points of contact at the start. A climber is 'established' when all four points of contact are securely held in a stable position. Attempts count when all four limbs have left the floor. Failed attempts to establish count as attempts for scoring purposes.

### Zones and Tops

Each bloc will have one taped zone hold that climbers can score points by reaching, zone holds must be held securely in order for points to count. The top of each bloc must be touched with two hands in a position that is stable and secure. The climber must be able to hold the position for 3 full seconds.

### **Disputes and Tiebreakers:**

All participants agree that Gallery Bouldering staff have the right to request climbers to re-climb blocs in instances of disputed attempts (e.g. 'French' starts, or uncontrolled matches for the top). If staff consistently see invalid attempts being reported as valid by a climber then disqualification or point penalties may be applied.

If scores are tied for podium positions at the end of the competition then the winner will be decided through a specific set of criteria in this order:

1. Amount of blocs flashed
2. Hardest bloc successfully climbed
3. Attempts taken to climb this bloc

Gallery Bouldering staff are responsible for resolving all disputes or queries.